

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
12:00 - 13:00 Start to Workout (SGT) FUNCTIONAL ZONE Bastien Zanon		10:00 - 11:00 Les Mills BODYPUMP™ Group Classes Studio Jims Foetz	18:00 - 19:00 CALISTHENICS HYBRID (LU) FUNCTIONAL ZONE Mathe Loum	09:30 - 10:30 TAF Group Classes Studio Kaina Hocine	10:00 - 11:00 Les Mills BODYPUMP™ Group Classes Studio Lotito Ettore	10:00 - 11:00 Pilates Group Classes Studio Damien Van den Dries
17:00 - 18:00 Weight Health (SGT) FUNCTIONAL ZONE Bastien Zanon		12:00 - 13:00 Weight Health (SGT) FUNCTIONAL ZONE Bastien Zanon	18:00 - 19:00 Total Body Conditioning Group Classes Studio Camille Bachelet	18:00 - 19:15 CALISTHENICS ALL LEVELS FUNCTIONAL ZONE Sven Klensch	11:00 - 12:15 CALISTHENICS ALL LEVELS FUNCTIONAL ZONE Jason Hermann	11:00 - 12:00 COACH BY COLOR® Connect Cycling Cube LU CYCLING STUDIO Damien Van den Dries
18:00 - 19:00 CALISTHENICS HYBRID (LU) FUNCTIONAL ZONE Mathe Loum		17:00 - 18:00 Les Mills BODYCOMBAT™ Group Classes Studio Marta Viegas Monteiro	19:00 - 20:00 Pilates Group Classes Studio Camille Bachelet	18:00 - 19:00 Dance Group Classes Studio Eva Henriques		
18:00 - 19:00 Dance Group Classes Studio Hervé Ngongo		17:00 - 18:00 Start to Workout (SGT) FUNCTIONAL ZONE Bastien Zanon		19:00 - 20:00 Les Mills BODYPUMP™ Group Classes Studio Lotito Ettore		
19:00 - 20:00 COACH BY COLOR® Connect Cycling Cube LU CYCLING STUDIO Kim Guggelmeyer		18:00 - 19:00 Dance Group Classes Studio Hervé Ngongo		20:00 - 21:00 Pilates Group Classes Studio Camille Bachelet		
19:00 - 20:00 Les Mills BODYPUMP™ Group Classes Studio Marta Viegas Monteiro		19:00 - 20:15 CALISTHENICS DEBUTANTS FUNCTIONAL ZONE Louis Théophile Brunie				
20:00 - 21:00 Pilates FUNCTIONAL ZONE Roxane Thierry Trinoli		19:00 - 20:00 Pilates Group Classes Studio Jims Foetz				

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<p>18:00 - 19:00 CALISTHENICS HYBRID (LU) FUNCTIONAL ZONE Mathe Loum</p>	<p>12:30 - 13:45 CALISTHENICS DEBUTANTS FUNCTIONAL ZONE Sven Klensch</p>	<p>10:00 - 11:00 Les Mills BODYPUMP™ Group Classes Studio Leo Barbier</p>	<p>18:00 - 19:00 CALISTHENICS HYBRID (LU) FUNCTIONAL ZONE Mathe Loum</p>	<p>09:30 - 10:30 TAF Group Classes Studio Kaina Hocine</p>	<p>10:00 - 11:00 Les Mills BODYPUMP™ Group Classes Studio Lotito Ettore</p>	<p>10:00 - 11:00 Pilates Group Classes Studio Damien Van den Dries</p>
<p>18:00 - 19:00 Dance Group Classes Studio Hervé Ngongo</p>	<p>18:00 - 19:15 CALISTHENICS ALL LEVELS FUNCTIONAL ZONE Louis Théophile Brunie</p>	<p>12:00 - 13:00 Weight Health (SGT) FUNCTIONAL ZONE Bastien Zanon</p>	<p>18:00 - 19:00 Total Body Conditioning Group Classes Studio Barbara Stroup</p>	<p>18:00 - 19:15 CALISTHENICS ALL LEVELS FUNCTIONAL ZONE Sven Klensch</p>	<p>11:00 - 12:15 CALISTHENICS ALL LEVELS FUNCTIONAL ZONE Jason Hermann</p>	<p>11:00 - 12:00 COACH BY COLOR® Connect Cycling Cube LU CYCLING STUDIO Damien Van den Dries</p>
<p>19:00 - 20:00 COACH BY COLOR® Connect Cycling Cube LU CYCLING STUDIO Diane Steines</p>	<p>18:00 - 19:00 Les Mills BODYPUMP™ Group Classes Studio Jordan Helin</p>	<p>17:00 - 18:00 Les Mills BODYCOMBAT™ Group Classes Studio Marta Viegas Monteiro</p>	<p>19:00 - 20:00 Pilates Group Classes Studio Barbara Stroup</p>	<p>18:00 - 19:00 Dance Group Classes Studio Eva Henriques</p>		
<p>19:00 - 20:00 Les Mills BODYPUMP™ Group Classes Studio Roxane Thiery Trinoli</p>	<p>19:00 - 20:00 COACH BY COLOR® Connect Cycling Cube LU CYCLING STUDIO Jordan Helin</p>	<p>18:00 - 19:00 Dance Group Classes Studio Hervé Ngongo</p>		<p>19:00 - 20:00 Les Mills BODYPUMP™ Group Classes Studio Lotito Ettore</p>		
<p>20:00 - 21:00 Pilates FUNCTIONAL ZONE Roxane Thiery Trinoli</p>	<p>19:00 - 20:00 Les Mills BODYCOMBAT™ Group Classes Studio Marta Viegas Monteiro</p>	<p>19:00 - 20:15 CALISTHENICS DEBUTANTS FUNCTIONAL ZONE Louis Théophile Brunie</p>		<p>20:00 - 21:00 Pilates Group Classes Studio Damien Van den Dries</p>		
		<p>19:00 - 20:00 Pilates Group Classes Studio Penelope Trapezanlidou</p>				