

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
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07:00 - 08:00
CrossFit WOD
 Crossfit Cube | Esteban Gervilla

11:45 - 12:45
CrossFit WOD
 Crossfit Cube | Esteban Gervilla

12:30 - 13:30
Pilates
 Group Classes Studio | Esteban Soteras

12:45 - 13:45
CrossFit WOD
 Crossfit Cube | Esteban Gervilla

17:00 - 18:00
CrossFit WOD
 Crossfit Cube | Esteban Gervilla

17:00 - 18:00
Les Mills BODYPUMP™
 Group Classes Studio | Marlene Oliveira Lopes

18:00 - 19:00
CrossFit WOD
 Crossfit Cube | Esteban Gervilla

18:00 - 19:00
Pilates

18:30 - 19:30
MUAY THAI INTERMEDIATE LEVEL CUBE (LU)
 Boxing Cube | Daniel Giallombardo

19:00 - 20:00
CrossFit WOD
 Crossfit Cube | Esteban Gervilla

19:30 - 21:00
Jiu Jitsu
 Boxing Cube | Gkoltsos Athanasios

19:30 - 20:30
Les Mills Bodyattack™
 Group Classes Studio

20:00 - 21:00
CrossFit WOD
 Crossfit Cube | Esteban Gervilla

20:30 - 21:30
Les Mills BODYPUMP™
 Group Classes Studio | MICHAELA BURIANOVA

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	<p>07:00 - 08:00 CrossFit WOD Crossfit Cube Esteban Gervilla</p> <p>11:45 - 12:45 CrossFit WOD Crossfit Cube Esteban Gervilla</p> <p>12:30 - 13:30 Les Mills BODYPUMP™ Group Classes Studio</p> <p>12:45 - 13:45 CrossFit WOD Crossfit Cube Esteban Gervilla</p> <p>17:00 - 18:00 CrossFit WOD Crossfit Cube Esteban Gervilla</p> <p>18:00 - 19:00 CrossFit WOD Crossfit Cube Esteban Gervilla</p> <p>18:00 - 19:30 Muay Thai Basics Boxing Cube Sok-hane Tang</p> <p>18:30 - 19:30 TAF Group Classes Studio Damien Van den Dries</p> <p>19:00 - 20:00 CrossFit WOD Crossfit Cube Esteban Gervilla</p> <p>19:30 - 21:00 Jiu Jitsu Boxing Cube Samuel Zagdoudi</p> <p>19:30 - 20:30 MOBILITY GX (LU) Group Classes Studio Marlene Oliveira Lopes</p> <p>20:00 - 21:00 CrossFit WOD Crossfit Cube Esteban Gervilla</p>	<p>07:00 - 08:00 CrossFit WOD Crossfit Cube Esteban Gervilla</p> <p>07:00 - 08:00 Pilates Group Classes Studio Damien Van den Dries</p> <p>11:45 - 12:45 CrossFit WOD Crossfit Cube Esteban Gervilla</p> <p>12:30 - 13:30 CrossFit WOD Crossfit Cube Esteban Gervilla</p> <p>12:30 - 13:30 Les Mills BODYPUMP™ Group Classes Studio Pascal Ricquier</p> <p>12:45 - 13:45 CrossFit WOD Crossfit Cube Esteban Gervilla</p> <p>17:00 - 18:00 CrossFit WOD Crossfit Cube Esteban Gervilla</p> <p>18:00 - 19:00 CrossFit WOD Crossfit Cube Esteban Gervilla</p> <p>18:30 - 19:30 Boxing Boxing Cube Daniel Giallombardo</p> <p>18:30 - 19:30 Les Mills BODYPUMP™ Group Classes Studio Leyre Segura</p> <p>19:00 - 20:00 CrossFit WOD Crossfit Cube Esteban Gervilla</p> <p>19:30 - 20:30 Dance Group Classes Studio Leyre Segura</p> <p>19:30 - 20:30 Muay Thai Advanced 60' Boxing Cube Daniel Giallombardo</p> <p>20:00 - 21:00 CrossFit WOD Crossfit Cube Esteban Gervilla</p>	<p>07:00 - 08:00 Les Mills BODYPUMP™ Group Classes Studio Damien Van den Dries</p> <p>11:45 - 12:45 CrossFit WOD Crossfit Cube Esteban Gervilla</p> <p>12:30 - 13:30 Total Body Conditioning Group Classes Studio Marlene Oliveira Lopes</p> <p>12:45 - 13:45 CrossFit WOD Crossfit Cube Esteban Gervilla</p> <p>18:00 - 19:00 CrossFit WOD Crossfit Cube Esteban Gervilla</p> <p>18:00 - 19:30 Muay Thai Basics Boxing Cube Sok-hane Tang</p> <p>18:00 - 19:00 Pilates Group Classes Studio Esteban Soteras</p> <p>19:00 - 20:00 CrossFit WOD Crossfit Cube Esteban Gervilla</p> <p>19:00 - 20:00 Les Mills Bodyattack™ Group Classes Studio Christophe Rahier</p> <p>19:30 - 21:00 Jiu Jitsu Boxing Cube Gkoltsos Athanasios</p> <p>20:00 - 21:00 Les Mills BODYPUMP™ Group Classes Studio Christophe Rahier</p>	<p>07:00 - 08:00 CrossFit WOD Crossfit Cube Esteban Gervilla</p> <p>11:45 - 12:45 CrossFit WOD Crossfit Cube Esteban Gervilla</p> <p>12:15 - 13:15 Kickboxing Boxing Cube Ismael De Borja</p> <p>12:30 - 13:30 Les Mills Bodyattack™ Richel Van Weij</p> <p>12:45 - 13:45 CrossFit WOD Crossfit Cube Esteban Gervilla</p> <p>18:00 - 19:00 CrossFit WOD Crossfit Cube Esteban Gervilla</p> <p>18:30 - 19:30 Total Body Conditioning Group Classes Studio Damien Van den Dries</p> <p>19:00 - 20:00 CrossFit WOD Crossfit Cube Esteban Gervilla</p> <p>19:00 - 20:30 Jiu Jitsu Boxing Cube Gkoltsos Athanasios</p> <p>19:30 - 20:30 Pilates Group Classes Studio Alice Mingozzi</p>	<p>10:30 - 11:30 CrossFit WOD Crossfit Cube Esteban Gervilla</p> <p>10:30 - 11:30 Dance Group Classes Studio Yomiuri Ruiz</p> <p>11:00 - 12:30 Jiu Jitsu Boxing Cube Gkoltsos Athanasios</p> <p>11:30 - 12:30 CrossFit WOD Crossfit Cube Esteban Gervilla</p> <p>11:30 - 12:30 Total Body Conditioning Group Classes Studio Yomiuri Ruiz</p> <p>12:30 - 13:30 Pilates Group Classes Studio</p> <p>14:00 - 15:00 Boxing Boxing Cube Ismael De Borja</p> <p>15:00 - 16:00 Kickboxing Boxing Cube Ismael De Borja</p>	<p>10:00 - 11:00 Open Gym Crossfit Cube</p> <p>10:30 - 11:30 Les Mills BODYPUMP™</p> <p>11:00 - 12:00 Open Gym Crossfit Cube</p>