Timetable Jims Kirchberg Ellipse

Cube | Small Group Training

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
07:00 - 08:00 **Les Mills BODYPUMP™** Group Classes Studio | Mihaela Groza	07:00 - 08:00 **COACH BY COLOR® Connect Cycling Cube LU** Cycling Cube | Sicaja Olivera	07:00 - 08:00 **COACH BY COLOR® Connect Cycling Cube LU** Cycling Cube | Ted Moos	07:00 - 08:00 **COACH BY COLOR® Connect Cycling Cube LU** Cycling Cube | Ted Moos	07:00 - 08:00 **Les Mills BODYPUMP™** Group Classes Studio | Mihaela Groza	10:00 - 11:00 **Les Mills BODYPUMP™** Group Classes Studio | Omid Vossoughi	10:30 - 11:30 **COACH BY COLOR® Connect Cycling Cube LU** Cycling Cube | Carlos Oliveira
12:30 - 13:30 **COACH BY COLOR® Cycling Cube LU** Cycling Studio | Ted Moos	12:30 - 13:30 **Sculpt** Group Classes Studio | Yomiuri Ruiz	07:00 - 08:00 **Sculpt** Group Classes Studio | Penelope Trapezanlidou	07:00 - 08:00 **Les Mills BODYPUMP™** Group Classes Studio | Solene Drugeot	12:30 - 13:30 **Les Mills BODYBALANCE™** Body & Mind Cube | Sandra Wijaya sari mika	10:30 - 11:30 **Hatha Yoga** Body & Mind Cube | Sandra Wijaya sari mika	10:30 - 11:30 **Les Mills BODYCOMBAT™** Group Classes Studio | Jeffrey Singayan
12:30 - 13:30 **Hatha Yoga** Body & Mind Cube | Samuel Moldovan	12:30 - 13:30 **Vinyasa Yoga** Body & Mind Cube | YARYNA SPILNYK	12:30 - 13:30 **COACH BY COLOR® Connect Cycling Cube LU** Cycling Cube | Ted Moos	12:30 - 13:30 **HIIT** Group Classes Studio | Katia Ivtchenko	12:30 - 13:30 **Les Mills BODYPUMP™** Group Classes Studio | MICHAELA BURIANOVA	11:10 - 12:10 **Dance** Group Classes Studio | Jefferson Moreira Passos	10:30 - 11:30 **Mobility** Body & Mind Cube | MICHAELA BURIANOVA
17:30 - 18:00 **Core** Group Classes Studio | Kevin Dormeyer	17:15 - 18:00 **Les Mills BODYCOMBAT™** Group Classes Studio | Sarah Bejaoui	12:30 - 13:30 **Les Mills BODYPUMP™** Group Classes Studio | Ziwen Chen	12:30 - 13:30 **Pilates Barre** Body & Mind Cube | Penelope Trapezanlidou	17:30 - 18:30 **HIIT** Group Classes Studio | Jefferson Moreira Passos	11:30 - 12:30 **ATHLETIC PILATES FLOW CUBE (LU)** Body & Mind Cube | Francesca Nervegna	11:30 - 12:30 **Vinyasa Yoga** Body & Mind Cube | MICHAELA BURIANOVA
18:00 - 19:00 **COACH BY COLOR® Connect Cycling Cube LU** Cycling Cube | Paul Drauth	18:00 - 19:00 **COACH BY COLOR® Connect Cycling Cube LU** Cycling Studio | Jean paul Shungu bonga	12:30 - 13:30 **Mobility** Body & Mind Cube | Penelope Trapezanlidou	17:15 - 18:00 **Les Mills BODYCOMBAT™** Group Classes Studio | Rebecca Stuhlmann	18:00 - 19:00 **Vinyasa Yoga** Body & Mind Cube | Sara Andrea Correia Sampaio	11:30 - 12:30 **COACH BY COLOR® Connect Cycling Cube LU** Cycling Cube | Omid Vossoughi	12:40 - 13:40 **Crosstraining** Group Classes Studio | Neme Freud
18:00 - 19:00 **Les Mills BODYPUMP™** Group Classes Studio | Kevin Dormeyer	18:00 - 19:00 **HIIT** Group Classes Studio | Penelope Trapezanlidou	17:30 - 18:00 **Core** Group Classes Studio | MICHAELA BURIANOVA	18:00 - 19:00 **HIIT** Group Classes Studio | Paul Drauth	18:30 - 19:30 **Zumba®** Group Classes Studio | Jefferson Moreira Passos		
18:00 - 19:00 **YIN YOGA CUBE (LU)** Body & Mind Cube | Orbid Admin	18:00 - 19:00 **Hatha Yoga** Body & Mind Cube | Sandra Wijaya sari mika	18:00 - 19:00 **COACH BY COLOR® Connect Cycling Cube LU** Cycling Cube | Paul Drauth	18:00 - 19:00 **Vinyasa Yoga** Body & Mind Cube | Francesca Nervegna			
19:00 - 20:00 **Les Mills BODYCOMBAT™** Group Classes Studio | Kevin Dormeyer	19:00 - 20:00 **Pilates** Body & Mind Cube | Sandra Wijaya sari mika	18:00 - 19:00 **Les Mills BODYPUMP™** Group Classes Studio | MICHAELA BURIANOVA	18:30 - 19:30 **COACH BY COLOR® Connect Cycling Cube LU** Cycling Cube | Omid Vossoughi			
19:00 - 20:00 **Power Pilates** Body & Mind Cube | Penelope Trapezanlidou	19:00 - 20:00 **Zumba®** Group Classes Studio	18:00 - 19:00 **Vinyasa Yoga** Body & Mind Cube | Estrela Fernandes	19:00 - 20:00 **Pilates** Body & Mind Cube | Francesca Nervegna			
20:00 - 21:00 **Hatha Yoga** Body & Mind Cube | Noemie Riefolo		19:05 - 20:05 **Hatha Yoga** Body & Mind Cube | Sandra Wijaya sari mika	19:10 - 20:10 **Les Mills BODYPUMP™** Group Classes Studio | Leyre Segura			
		19:10 - 20:10 **COACH BY COLOR® Connect Cycling Cube LU** Cycling Cube | Marc O'Sullivan	20:10 - 21:10 **Dance** Group Classes Studio | Leyre Segura			
		19:10 - 20:10 **Dance** Group Classes Studio | Carlos Oliveira				
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